

Beginner Light Jig Steps

JUMP CROSS

Start step with the right foot pointed.

- Point cross
- Hop back 2,3,4 (bring right foot back)
- Point cross (bring right foot forward)
- Hop back 2,3,4 (bring right foot back)
- Hop heel 2,3,4 (bring right foot forward)
- Hop back 2,3,4 (bring right foot back)
- Cross (bring right foot from back to front)
- Hop back (bring right foot back)
- Hop back 2,3,4 (bring left foot back)

NOTE: Right foot should be in front at this time. Repeat step by bringing left foot forward to start over.

JUMP OUT

Start step with the right foot pointed.

- Jump out
- Hop back 2,3,4 (bring foot right back)
- Jump out (bring right foot forward)
- Hop back 2,3,4 (bring right foot back)
- Jump 2,3 (bring right foot forward)
- Jump 2,3 (bring left foot forward)
- Cross (bring right foot forward)
- Hop back (bring right foot back)
- Hop back 2,3,4 (bring left foot back)

NOTE: Right foot should be in front at this time. Repeat step by bringing left foot forward to start over.